

KATE + DAVID





Hello!

We are David and Kate from North Carolina...

We're so grateful you're taking a moment to get to know us. There are so many things we want to say - but most of all, we want you to know how humbled we are that you're considering what kind of parents we might be. We can't begin to imagine all the emotions you are feeling as you think about a plan for you and your baby. Wherever you are in this journey, our sincere hope is that you feel surrounded by love, understanding and support. No matter what you decide, we admire your strength and are truly thankful that you're here, reading our story.





Our family walk will now and forever be part of our daily routine!



If you choose us, please know we will raise your child with love, patience, and encouragement. They'll grow up knowing where they come from, how deeply they are loved by you, and how much their story matters. We will honor you, your journey, and the level of openness you feel comfortable with.

We believe adoption is an act of incredible courage and selfless love. Adoption has always held a special place in our hearts—Kate's cousin was adopted as a baby, and her story has been a beautiful example of how families are built through love. Whether you choose us, or take a different path altogether, we are so grateful for your time and heart. Thank you for letting us share a little bit of who we are - we hope this book gives you glimpse into the life and love we can't wait to share as parents.

WITH LOVE AND GRATITUDE

Kate + David

OUR STORY

For us, timing really has been everything. We grew in the same city, 20 minutes apart, with lots of overlapping friends - our best friends went to prom together! Fifteen years ago, we ended up at the same concert with those friends, and our connection was instant. Five years later, we got married in the NC mountains, promising each other that our love would always be our greatest adventure. Since then, we've been building a life full of joy, intention, and deep connection. We've grown up together - the ups, the downs and all the little moments in between have made our bond stronger. We look forward to our next big adventure - parenthood.

What makes our relationship work is simple: we're best friends. We laugh a lot, balance each other well, and believe that even the ordinary parts of life can be meaningful and fun when shared.



Although the seasons often end in heartbreak, we are proud Carolina Panthers fans!



Dressed up as Jurassic Park for Halloween

We look at life as a team sport, always working together and supporting one another. We can't wait to add a little one to the team.



Even before we tried for biological children, we always knew adoption would be part of how we hoped to grow our family. Life has a way of unfolding in unexpected ways, and we believe this moment is happening just as it's meant to be.

We promise to surround a child with unconditional love, encouragement, and a deep sense of belonging. We'll do everything we can to give them a life full of adventure!

MY WIFE KATE

BY DAVID

At her core, Kate is a homebody in the best way. She's happiest with a book in hand, a dog by her side, and something baking in the oven. She goes all out for the holidays (full porch décor included), loves game nights with friends, and is always planning our next getaway—sometimes before we've even unpacked from the last one.

Kate has a huge heart for animals and was the reason we started fostering puppies. She supports each animal with care and celebrates their journey to a forever home. Watching her nurture those pups has been a beautiful glimpse into the kind of mom she'll be—someone who's warm, thoughtful, and endlessly patient—the kind of person who will pack snacks and band-aids and makes the kids in her life feel seen and safe.

I know she'll fill your child's life with love, adventure, and everyday magic.

Kate works in real estate development and has a flexible schedule that lets her work from home a few days a week—something we're so grateful for as we grow our family.



Fostering has been one of the most unexpectedly joyful parts of my life






*What our friends
say about Kate*

“Kate’s natural kindness truly shines. She is thoughtful, steady, and creates a warm, loving environment wherever she goes. Kids absolutely adore her—whether it’s baking sweet treats or diving into a fun project, she makes every child feel special.”

Some of our favorite memories were made on the trails.
I can’t wait to create new ones as a family of three!



David has a sweet tooth so I’ve perfected his
favorite dessert, yellow butter cake with fudge frosting



We’re lucky to live near a few local flower farms,
and I love spending time arranging fresh-picked
blooms—it’s my favorite creative outlet.



MY HUSBAND DAVID

BY KATE



Boating in Glacier National Park, Montana



David has a way of making friends wherever he goes. People are drawn to him because he makes them feel heard and appreciated. His genuine nature is one of the first things that drew me to him and something I admire to this day. And then there are the seemingly endless dad jokes... delivered proudly and shamelessly. He's worked in sales for over 12 years but when David's off the clock, he's either fixing something around the house, grilling, reading or sneaking in a quick round of golf. He has a knack for turning the simplest moments into fun - I can imagine him taking our child on his impromptu ice cream runs.

What really stands out is David's heart for helping others. He's a natural teacher. From teaching a friend's child how to roast the perfect marshmallow to training one of our foster pups, he is generous with his time, energy and encouragement.

There's no doubt David will be an amazing dad. He's steady, nurturing, full of joy, and has a way of making the world feel a little more fun and a lot more welcoming.




*What our friends
say about David*

“David is the kind of friend who always shows up when it matters most. He has a gift for making people laugh with his silly jokes, and children are naturally drawn to his playful spirit. Friends know they can always count on him—he’s dependable, generous, and genuinely excited to become a parent.”

David loves a good golf trip



David and Lily in their Halloween costumes ready to pass out candy to the neighbors



David has mastered the perfect breakfast sandwich on the flat top griddle in our backyard





KATE'S FUN FACTS

Everything I am, I owe
in part to my mom.



Bucket List Hike to
Angel's Landing!



Biggest Source of Inspiration

My mom - she always made everyday outings like zoos, playgrounds and museums feel magical. I hope to create similar memories with our own child!

Favorite Children's Book

Goodnight Moon - simple, timeless, and perfect for bedtime snuggles.

The Perfect Day

Sleeping in, one of David's breakfast sandwiches, and a sunny day spent outdoors.

Favorite Hobby

Interior design—especially fun projects like creating a "big girl" room for my best friend's daughter.

Favorite Lunch Box Snack

Dunk-a-Roos

Favorite Food

Grandma's homemade chicken and dumplings—pure comfort!

Favorite National Park Memory

Climbing Angel's Landing in Zion—challenging and breathtaking.

Kate's 5 Loves

- Bravo Reality TV - I'm invested!
 - A Warm Sunny Day
 - Laughing with Friends
 - Creating cozy spaces
- Puppy Kisses (especially our pups, Lily & Leo)

**Biggest Source
of Inspiration**

My grandmothers!
They were both strong independent women who broke the mold in their own ways, and taught me value of doing my best every day. I was lucky to have them in my life.

Favorite Sport to Play

Golf - I can't wait to teach a little one how to swing a club. We might just start with minigolf!

Favorite Ice Cream Flavor

Pralines N' Cream

**Historical Figure
I'd Like to Meet**

Teddy Roosevelt — he basically made National Parks a thing, so we owe him a big thank you.

Favorite Lunch Box Snack

Extra Toasty Cheez-Its

Seasonal Joy

Building a roaring fire!

Can't Live Without

Dogs and Spotify — ideally both at the same time.

David's 5 Loves

- A good sci-fi book
- Playing with dogs
 - Sushi
 - Live Music
- Movie night on the couch



DAVID'S FUN FACTS

Cheering on our local Minor League Baseball Team



When life gets hectic, a hiking trip always recharges our batteries





OUR HOBBIES + INTERESTS

Fun in the sun exploring the sand dunes in the Outer Banks, NC



We're total opposites in some ways—Kate's more introverted and David's definitely the extrovert—but it works for us. We balance each other out and love finding fun, new things to do together.

Whether we're exploring a new place, dancing at a concert, playing a heated (but friendly!) round of Bananagrams, or just walking our dogs, we genuinely enjoy doing life together.



Celebrating 15 years together at the top of a mountain in Utah



27 National Parks & counting - our happiest days are spent on the trail!



Searching for Bigfoot at Rocky Mountain National Park in Colorado

WE LOVE TO TRAVEL!

We love to travel—especially to National Parks! From our big annual trip or a weekend trip to a nearby town, we're always up for exploring somewhere new. Kate's our trip planner; always finding the best places to eat, fun things to do, and making sure we don't miss a thing. Traveling with a kiddo will definitely be a new kind of adventure, but we can't wait to see the wonder of the world through their eyes.

ROOTED IN COMMUNITY

We're just a short drive from both the mountains and the beach - perfect for weekend getaway.

Our City is home to beautiful parks and winding trails, and we spend a lot of time outside with our dogs, soaking it all in. Whether its waiving to the neighbors on our daily walks, running barefoot in the back yard or finding their favorite treat at the Farmer's Market, we want our child to feel connected and know they always have a place to come home.





WELCOME TO OUR HOME

We love where we live and planted deep roots here. Our home is in a cozy neighborhood just outside a big city in North Carolina - offering the charm of a small town with the opportunities of city life.

Our community is filled with friendly faces and fun traditions like Food Truck Fridays, Halloween parades, and summer concerts. Just around the corner from our home a picture-perfect main street comes alive with families, kids, and pups every weekend.

Our home is a three-bedroom charmer that instantly felt like us especially when we saw the backyard. It's our happy place, complete with a screened-in porch, playset, and fire pit where we gather with friends on the weekends or even after a long day. We can already picture pushing a little one on the swing or reading a book to them on the porch. One of our favorite compliments came from a friend who said, "It just feels like a hug when you walk in."



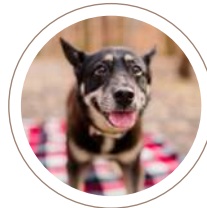
We love hosting friends and ending the night by the fire pit laughing and telling stories



OUR PETS

We're huge animal lovers! Kate used to volunteer at a wildlife sanctuary, and David actually proposed at a zoo - while holding a baby kangaroo! These days, we foster puppies through a local rescue which is how Leo joined our family!

We feel that growing up with dogs can teach kids empathy, patience, and how to care for others - Lily and Leo are ready for the job!



Lily was our first rescue pup and has had a starring role in our life for 13 years. She has been by our side for life's biggest moments, even walking

down the aisle with our niece as a flower girl at our wedding! Lily is a gentle and patient big sister to our foster puppies - always showing them the ropes and where the treats are hidden.

Leo was supposed to be a temporary guest but he had other plans. Now he's our official "foster fail" and we wouldn't have it any other way. He is full

of personality and a little bit of mischief! Whether they're running around the backyard together or sharing a snuggle on the couch - we know he will be the perfect sidekick for our kiddo!





Every December, we all gather at Kate's Grandma's house to make homemade ravioli and pignolata (a sweet Sicilian dessert) for Christmas Eve dinner

OUR LOVED ONES



Attending a PGA golf tournament with David's mom and brother



Every spring, the girls see a musical—a tradition that's all theirs



My parents sparked my love for travel early on — they showed me the joy of exploring new places.



Celebrating Mother's Day with David's family!

Kate is an only child but grew up surrounded by a deeply connected extended family. Her parents live just a few hours away at the beach in South Carolina, where visits often include hopping on their boat for a sunset cruise after dinner.

We both come from families with long, committed marriages – over 35 years – this has shaped our own relationship and the way we show love to each other. David's parents and his brother's family live just a short drive away, which means lots of quality time together.

David and his brother, five years older, have grown from a classic “annoying little brother” dynamic into genuine best friends. Kate and her sister-in-law are especially close and love planning all the family get-togethers. Watching our niece and nephew grow up – cheering them on at ballet recitals and soccer games – has been one of our greatest joys.

Our family is close-knit, full of laughter and tradition, and they cannot wait to welcome a new little one into the mix!



Friendships like this are rare. Over the years, we've built something better than tradition—we've built family.



Baseball game with Cousin Bernie to celebrate his trip to NC



No matter how old they get... our niece and nephew will never turn down ice cream



Pool time on our Annual Friends Beach Trip!



Whether it's our close friends, or extended family, we love making memories at the beach!

Surrounded by love

Our family of friends is just that — family. Many have been in our lives since high school, and together we've supported each other through many seasons of life. They've given us a crew of "nieces and nephews" who call us Auntie Kate and Uncle David. Every year we host Friendsgiving — David smokes the turkeys, everyone brings their favorite side, and Kate plans a fun activity for the kids while we all catch up in the backyard. Every summer, we rent a big house by the beach, spend our days in the sun, and our nights laughing until it hurts. These are our people — the ones who show up, cheer loud, and love without question. They can't wait for us to add a new little one to the crew!



THOUGHTS ON PARENTING

OPENNESS

HONORED + EMBRACED

We can't promise to always have the perfect words or the right answers, but we can promise that love will guide every decision we make as parents.

Our greatest hope is to raise a child who feels deeply loved, supported and seen - someone who knows they have a safe place to land no matter what.

Our goal is to help our child grow into a confident, kind, and fulfilled person, always knowing they are endlessly supported and never alone. We want our children to dream big, and we know that supporting their education is one of the best ways we can help those dreams come true.

We want to fill our child's life with joy, experiences, and connection. We can't wait to travel as a family, share our love of the outdoors, and pass down little family traditions. We picture beach days spent building sandcastles with our friends' children, and quiet evenings reading together on the porch. Our hope is that by sharing our passions, we'll inspire them to discover their own.

We believe in open adoption, and if that is something you desire, we will gladly walk that path with you in whatever way feels right to you, now and in the future. A child can never be loved by too many people, and knowing where they come from is a powerful part of who they become.

WHAT WE WANT TO TEACH OUR CHILD



Believe in yourself, especially when life feels **hard**—and always know we believe in you, too.

Be kind. Everyone is going through something, and kindness can make all the difference.

Believe families are made by love, not just by biology.

Do your best! Everyone's best is different—all that matters is that you try.

Life is an adventure—embrace it with an open heart, a brave spirit, and a sense of humor.

This we promise





Thank you!

**Thank you for taking
the time to get to
know us beyond
just our photos and
favorite things, but
into the heart of who
we are and the life
we hope to share
with a child.**

We can only imagine the strength it takes to walk the path you're on, and we hold that with deep respect and compassion. If you choose us, we will raise your child with open arms and open hearts, reminding them every single day that they are deeply loved, completely accepted, and forever connected to their story and to you. Whatever decision you make, we hope you feel peace in your heart and are surrounded by people who support you.

You are making a brave and selfless choice—one that deserves nothing but grace, gentleness, and respect. And if your heart leads you to us, we will be here ready, honored, and full of love to give.

*With all
our hearts,*

**KATE
+
DAVID**